# Meet our most versatile Ninja® Foodi™ accessory, the Deluxe Reversible Rack

## Get the most out of your Deluxe Reversible Rack



**Higher Position** Broil chicken, steak, seafood, and more.



Steam vegetables and sides.



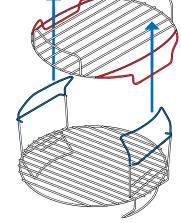
**Deluxe Assembly** Increase capacity to cook up to 8 chicken breasts or salmon fillets at once.

# **Deluxe Reversible Rack Assembly**



1. Place the Deluxe Reversible Rack in the pot in the lower position.

Note: For easier cleaning, coat the rack with cooking spray before placing food on it.



2. Drop Deluxe Layer through reversible rack handles.

Note: Place ingredients on the lower layer before adding the Deluxe Layer.



3. Deluxe Layer will fit securely into handle slots.

# Deluxe Reversible Rack Usage

Create deluxe 360 meals by placing proteins on the Deluxe Layer, sides on the lower layer, and grains on the bottom of the pot.

For best results, use the Deluxe Layer for crisping, lower layer for oven roasting, and bottom of the pot for wetter ingredients.

When air crisping 2 layers, allow 5-15 minutes for the lower layer to crisp before adding the Deluxe Layer.

# Basket Assembly, Hints & Tips

## Pressure Cooking Tips



Time to pressure will vary based on quantity and temperature of ingredients, along with selected pressure level, and can take upwards of 20 minutes.

**Natural release** is used for large or delicate foods and any starchy ingredients.

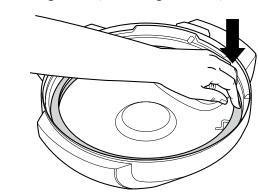
until the float valve drops

Quick release is used for smaller foods or ingredients that are sensitive to overcooking. **DO NOT** quick release pressure when cooking starchy or foamy foods. To quick release the pressure, turn the Pressure Release Valve to the VENT position and allow pressure to release

Note: Steam exits from the top of the Pressure Release Valve. **DO NOT** reach over the valve.

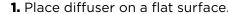


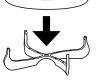
If the unit is not coming to pressure, check that the silicone ring is fully installed by pressing it into place all around the metal ring rack. (See image below.)



## Cook & Crisp™ Basket Assembly







2. Place basket on diffuser.



3. Press down firmly

## Helpful Hints



To convert oven recipes, use the Bake/Roast function and reduce the cook temperature by 25°F.



Any liquid can be used for pressure **cooking.** Use broths or sauces instead of water to infuse additional flavor. Always use a minimum of 1 cup of liquid. Depending on your recipe, you may need up to 3 cups

For more accessories, visit ninjakitchen.com



When switching from the pressure lid to the crisping lid after pressure cooking, empty the pot of any remaining liquid for best crisping results.

# PRESSURE COOKER

# Let's get cooking & crisping

## Why are there 2 lids?

We're glad you asked. The 2-lid design allows you to pressure cook and crisp in the same pot.

Use both lids to unlock a world of delicious, **TenderCrisp** meals.



Pressure Cook Slow Cook



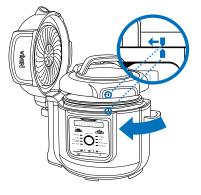
Bake/Roast Dehydrate



## First time pressure cooking? Try this water test to practice using pressure.



Add 3 cups water to cooking pot.



Install Pressure Lid by aligning the arrows on the lid and base, then turning clockwise until lid clicks into place.



Pressure Lid is locked when it has clicked into place and the Ninja logo is facing you.



Turn Pressure Release Valve to SEAL

Note: Valve will be loose when fully installed



Use the START/STOP dial to select PRESSURE. Press TEMP and set to HI. Press TIME and set to 2 minutes. Press START/STOP button to begin.



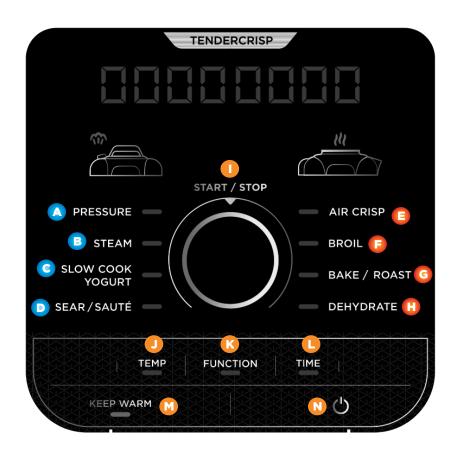
The display showing PRE and some steam release indicate pressure is building. When fully pressurized, countdown will begin.



When your Foodi beeps and the display reads DONE, turn valve to VENT for quick release

Note: Valve will be loose when fully installed.

# Using the Control Panel



#### **COOKING FUNCTIONS**

#### **TENDERIZING FUNCTIONS**











**CRISPING FUNCTIONS** 



#### **OPERATING BUTTONS**

- **START/STOP dial/button:** Turn the dial to choose a cooking function, cook temperature, and cook time. Press the button to start cooking. Pressing the button while the unit is cooking will stop the current cooking function.
- **TEMP:** Press TEMP and turn the START/STOP dial to adjust cook temperature in 5-degree increments or to adjust pressure level.
- **FUNCTION:** Press FUNCTION and turn the START/STOP dial to choose a cooking function.

- **TIME:** Press TIME and turn the START/STOP dial to adjust the cook time.
  - Note: To adjust settings while cooking, press the TEMP or TIME button, then use the START/STOP dial to choose desired temperature or time.
- **KEEP WARM:** After pressure cooking. steaming, or slow cooking, the unit will automatically switch to Keep Warm mode and start counting up. Keep Warm will stay on for 12 hours, or you may press KEEP WARM to turn it off.
- **POWER:** The Power button turns the unit on and off and stops all cooking functions.



# Using the Pressure Lid

BUILDING **PRESSURE** ACCESSORY VALVE TEMP/PRESSURE PRESSURE/TEMP RELEASE PRESSURE Cook foods quickly while maintaining tenderness HH:MM PRE Turn valve to VENT Wait for unit to build pressure. Time for quick release. will begin counting When complete, Lock Pressure HI or LO 1 minute to 4 hours down when the unit unit will switch to **KEEP WARM and** is pressurized. Lid and turn valve to SEAL count up. **STEAM** Gently cook delicate foods at a high temperature HH:MM PRE



Rack in lower

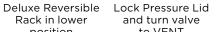
position

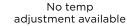
No lid necessary

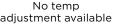
If using Pressure Lid, turn valve to VENT













come to temp. When complete. unit will switch to KEEP WARM and count up.

 $\bigcirc$ 

No pressure release

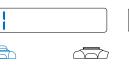
#### **SLOW COOK** Cook foods at a lower temperature for longer periods of time



Lock Pressure Lid

and turn valve

to VENT



HI or LO



1 minute to 30 minutes

4 hours to 12 hours

HH:MM

When complete, unit will switch to KEEP WARM and count up.

WARM 00:02

No pressure release

#### YOGURT Make homemade yogurt



Lock Pressure Lid

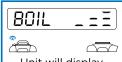
and turn valve

to VENT





YGRT or FMNT 8 hours to 12 hours

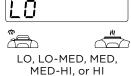


Unit will display "BOIL" while pasteurizing. When done, unit will beep and display "COOL".



you to "ADD" and "STIR"cultures. Then press START/STOP to start incubating.

#### SEAR/SAUTÉ Brown meats, sauté vegetables, and simmer sauces

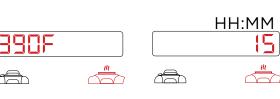


No time adjustment available



# Using the Crisping Lid

SHAKE/TOSS AIR CRISP Give foods crispiness and crunch with little to no oil

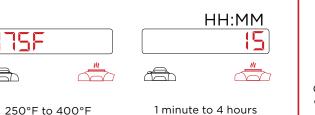






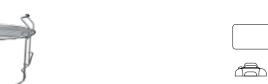
#### **BAKE/ROAST** Oven-tender meats, baked treats, and more

300°F to 400°F





#### **BROIL** Cook at high heat to caramelize and brown foods

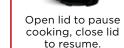


Deluxe Reversible Rack No temp adjustment in higher position



HH:MM

1 minute to 60 minutes



#### **DEHYDRATE** Dehydrate meats, fruits, and vegetables



Deluxe Reversible Rack with Deluxe Laver installed

Cook & Crisp™ Basket





Adjust temp from

4 hours to 12 hours